

Special Dietary Requirements

Dish Name	Cereals Containing Peanuts Glutens	Tree Nuts	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Eggs	Celery and Celeriac	Lupin	Mustard	Sulphites	Suitable for Vegetarians	Suitable for Vegans
FFL All Day Breakfast (without potatoes)*	Wheat							Y	Y				Y		
FFL Apple Crumble with Custard*	Wheat							Υ						Υ	
FFL BBQ Mixed bean fajitas	Wheat							Y						Y	
FFL Beef Burger and Wedges*	Wheat					Υ	May Contain			Υ			Υ		
FFL Cheese and baked bean pasty*	Wheat							Υ	Υ					Y	
FFL Fishcake and Chips*			Y												
FFL Fruit Salad with a Shortbread Finger*	Wheat													Y	Y
FFL Fruit Salad*														Υ	Y
FFL Iced Marble cake	Wheat								Υ					Y	
FFL Macaroni Cheese with Garlic Bread	Wheat					May Contain		Y				Y		Y	
FFL peas*														Y	Y
FFL Roast Gammon with Roast Potatoes and Gravy*															
FFL Roast Quorn Fillet with Roast Potatoes and Gravy*									Y					Υ	
FFL Seasonal Vegetable *														Υ	Y
FFL shortbread*	Wheat													Υ	Y
FFL Sweet potato and cheese parcels	Wheat, Barley		Y					Y	Υ						
FFL veggie burger in bun	Wheat						May Contain							Y	Y