FUEL FOR YOUNG MINDS

Special Dietary Requirements

Dish Name	Cereals Containing Glutens	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Eggs	Celery and Celeriac	Lupin	Mustard	Sulphites	Suitable for Vegetarians	Suitable for Vegans
FFL Baked Beans*															Y	Y
FFL Cheese and Tomato Pizza (with Potato Wedges)*	Wheat								Y						Y	
FFL Chicken Curry with rice*									Y							
FFL Cinnamon Oaty Cookie*	Wheat, Oats								May Contain	Y					Y	
FFL Fish fingers and chips*	Wheat			Y												
FFL flapjack	Oats														Y	Y
FFL Fruit Salad*															Y	Y
FFL Ham Pizza With Potato Wedges*	Wheat								Y							
FFL Jam Sponge and Custard*	Wheat								Y	Y				Y	Y	
FFL Jelly with fresh fruit*															Y	
FFL Pasta Bolognaise*	Wheat															
FFL Roast Turkey with Roast Potatoes and Gravy*																
FFL Savoury veggie mince with potatoes	Barley						Y								Y	Y
FFL Seasonal Vegetable *															Y	Y
FFL Vegetable Fingers and Chips*	Barley														Y	Y
FFL Vegetarian Chilli Nachos*	Wheat, Barley						Y									
FFL Veggie meatballs in tomato sauce with pasta twists	Wheat, Barley						Y								Y	Y